Affected Model of Indoor Radon Concentrations Based on Lifestyle, Greenery Ratio, and Radon Levels in Groundwater

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Objectives: Radon and its progeny pose environmental risks as a carcinogen, especially to the lungs. Investigating factors affecting indoor radon concentrations and models thereof are needed to prevent exposure to radon and to reduce indoor radon concentrations. The purpose of this study was to identify factors affecting indoor radon concentration and to construct a comprehensive model thereof. Methods: Questionnaires were administered to obtain data on residential environments, including building materials and lifestyle. Decision tree and structural equation modeling were applied to predict residences at risk for higher radon concentrations and to develop the comprehensive model. Results: Greenery ratio, impermeable layer ratio, residence at ground level, daily ventilation, long-term heating, crack around the measuring device, and bedroom were significantly shown to be predictive factors of higher indoor radon concentrations. Daily ventilation reduced the probability of homes having indoor radon concentrations ≥ 200 Bq/m³ by 11.6%. Meanwhile, a greenery ratio ≥ 65% without daily ventilation increased this probability by 15.3% compared to daily ventilation. The constructed model indicated greenery ratio and ventilation rate directly affecting indoor radon concentrations. Conclusions: Our model highlights the combined influences of geographical properties, groundwater, and lifestyle factors of an individual resident on indoor radon concentrations in Korea.

Key words: Indoor radon, Radon survey, Ventilation, Geographical properties, Lifestyle, Groundwater

INTRODUCTION

Many people spend most of their day indoors, where low concentrations of radon (Rn-222) pose a significant environmental risk. Radon is a gas that decays from uranium (U-238). Its progeny can attach to aerosol and dust, and tends to get into the lungs [1]. In a previous study, 40% of all lung cancer deaths among miners were found to be related with radon progeny exposure. Indeed, 10% of all lung cancers may be caused by exposure to radon indoors: interestingly, these percentages were higher in never smokers than in smokers [2]. Another study proposed that radon poses a higher risk upon prolonged exposure at low doses than shorter exposure at higher doses [3]. Accordingly, the World Health Organization has pronounced radon as the second leading cause of lung cancers after smoking and has indicated the health risk of radon to be related with indoor radon concentrations [4]. Indeed, in a previous study on women with lung cancer, the risk of radon exposure was significantly elevated with increasing indoor radon concentrations (< 37, 37-73, 74-147, ≥ 148 Bq/m³). To minimize the health risk associated with indoor radon exposure, reference levels of indoor radon concentrations have been proposed: 148 Bq/m³ (Bequerel per cubic meter) by the United States Environmental Protection Agency, 100 Bq/m³ by the World Health Organization, and 200 Bq/m³ by the International Commission on Radiological Protection [4-6].

In Korea, the Ministry of Environment has continued to measure radon levels via the “Indoor Air Quality Radon Management Plan” during 3 months of the winter season. From 2011 to 2014, the average in-
door radon concentration was 102.0-126.3 Bq/m³ (https://iaqinfo.nier.go.kr). Radon concentrations, however, have been found to differ widely across Korean province, ranging from 32.6 to 213.3 Bq/m³. Meanwhile, studies have demonstrated that indoor radon concentration are associated with building construction and the permeability of ground materials [7], building materials have also been found to have a small effect on indoor radon concentrations [8]. In addition, characteristics of rocks distributed around residence have effect on indoor radon concentrations [9]. The components of the rock are dissolved in groundwater. Accordingly, this means that radon levels in groundwater can be a predictor of the degree of radon content in the surrounding ground.

The present study had three major objectives: (1) to identify factors affecting indoor radon concentrations, including lifestyle, geographical properties, and building materials, (2) to suggest action guidelines for reducing indoor radon concentrations through decision tree analysis, and (3) to construct a comprehensive model reflective of indoor radon concentrations in Korea.

METHODS

Indoor radon dosimetry

In this study, indoor radon concentration was collected and analyzed for 3 months during Korean winter season. Between October 28, 2015 and March 30, 2016, 518 radon measurements at 263 residences were obtained. The subjects who voluntarily participated in 30 cities and counties were surveyed. Alpha-track detectors (Raduet Model RSV-8, Radosys Ltd., Budapest, Hungary) were used as a passive radon measuring device. The average concentration of radon in the indoor air was calculated from two points within the household. The measurement points were selected from the living room and a bedroom, spaces where residents of a household primarily spend most of their time. The measuring devices were positioned away from household electrical appliances, windows, and sealed drawers. The measurement period was 3 months.

As measurements started in different months for targeted households, we analyzed mean radon concentrations with standard deviations according to installation month: 119.5±21.0 Bq/m³ in October (n = 2), 123.7±88.0 Bq/m³ in December (n = 292), and 111.8±82.2 Bq/m³ in January (n = 224). There were no statistical differences in the mean radon concentrations for each month of installation (p = 0.296 by ANOVA, data not shown).

Residential environment

Questionnaires on the residential environment of 263 residences were administered. The questionnaires assessed residential location, type of house, building materials, ventilation, the foundation of the residence, groundwater usage, and information on the position of the radon measuring equipment. According to the Environmental Geographic Information Service (https://eais.me.go.kr) maintained by the Ministry of Environment in Korea, residential locations were converted to greenery ratios and impermeable layer ratios [10,11]. Greenery and impermeable layer ratios reflect the area of green and impermeable layer space in comparison to the administrative area by state/province. Green area corresponds to forest and grassland area; agricultural space, such as rice fields, is not included in green area. Impermeable layer refers to the area covered with pavement or a building, where rainwater does not infiltrate the ground. Based on natural radionuclides in groundwater by the Korea Institute of Geoscience and Mineral Resources and Soil and Groundwater Division, National Institute of Environmental Research, 222-radon groundwater concentrations were assigned to each residence [12-14]. The study protocol with residence questionnaires was reviewed and approved by the Korean Ministry of Environment (Protocol no. 2015001350004).

Statistical analysis

Indoor radon concentrations are presented as means with standard deviations and geometric means. To consider repeated measures within the same residence, a generalized estimating equation with a linear model was applied according to individual residential environments. To identify factors affecting higher indoor radon concentrations, we divided residences into five groups according to radon concentrations based on indoor radon reference levels as international standards (<74 Bq/m³, 74-100 Bq/m³, 100-148 Bq/m³, 148-200 Bq/m³, and ≥200 Bq/m³) and applied a generalized estimating equation based on a multinomial probability distribution with a cumulative probit link function. Spearman’s rho was used to analyze correlations among greenery ratio, impermeable layer ratio, and indoor radon concentrations. Decision tree analysis was conducted to highlight factors and to suggest optimal cut point of each parameter affecting high indoor radon concentrations by exhaustive chi-squared automatic interaction detection (CHAID), as a growing method. Also, random validation was performed with 80% training and 20% testing sets. To construct an affected model of indoor radon concentrations, structural equation modeling (SEM) as confirmatory multivariate
analysis was applied with AMOS 21.0 (SPSS Inc., Chicago, IL, USA). Although the $\chi^2$ to degrees of freedom ratio has no exact interpretation, it has been suggested that values of $\chi^2/df < 2$ are indicative of an acceptable fit for a hypothetical model [15]. SPSS 23.0 (SPSS Inc., Chicago, IL, USA) was used for statistical analysis except SEM.

RESULTS

Residential environments

Table 1 presents radon concentrations according to residential structure, building materials, lifestyles of the resident, and the positioning of measuring equipment. European-style, detached houses showed the highest indoor radon concentrations among all housing types ($p = 0.026$ vs. semi-detached houses [≤ 661.157 m$^2$]). Residences at ground level showed significantly higher indoor radon concentrations than residences above ground level ($p = 0.006$). Although indoor radon concentrations were relatively lower in residences that used concrete/cement and no gypsum board as building materials, there were no statistical differences therein, compared to homes that did not ($p > 0.05$, Table 1). Daily ventilation reduced mean indoor radon concentrations to 39.7 Bq/m$^3$, remarkably lower than concentrations in homes that were not ventilated once a day ($p < 0.001$). There were no differences in concentrations according to groundwater use ($p > 0.05$). Interestingly, indoor radon concentrations were higher when there was cracks around measuring equipment and

$\begin{array}{l|l|l|l}
\text{Parameters} & \text{Indoor radon concentrations (Bq/m$^3$)} & p\text{-value} \\
\hline
\text{Structure} & & \\
\text{Type of house} & \text{Detached house (European-style)} & 122.3 \pm 87.7 (97.0, 385.0, 92.0) & 0.026 \\
& \text{Detached house (Korean-style)} & 114.0 \pm 79.8 (95.9, 279.0, 85.6) & 0.287 \\
& \text{Semi-detached house (> 661.157 m$^2$)} & 114.5 \pm 89.9 (97.9, 404.8, 85.3) & 0.320 \\
& \text{Semi-detached house (≤ 661.157 m$^2$)} & 92.8 \pm 59.8 (71.7, 250.4, 74.7) & \text{Ref.} \\
\text{Foundation of house} & \text{Paralleled to ground} & 125.0 \pm 87.1 (105.4, 385.0, 94.5) & 0.042 \\
& \text{Raised in the air} & 80.0 \pm 71.1 (60.2, 264.9, 60.9) & \text{Ref.} \\
& \text{In contact with the ground} & 97.3 \pm 75.7 (74.4, 410.4, 75.3) & 0.470 \\
\text{Residence at ground level} & \text{No} & 94.1 \pm 74.8 (71.6, 410.4, 72.4) & \text{Ref.} \\
& \text{Yes} & 125.0 \pm 87.1 (105.4, 385.0, 94.5) & 0.006 \\
\text{Building materials} & \text{Concrete and cement} & \text{No} & 132.9 \pm 82.4 (127.5, 226.2, 109.5) & \text{Ref.} \\
& & \text{Yes} & 118.3 \pm 85.6 (93.9, 412.0, 89.1) & 0.699 \\
& \text{Gypsum board} & \text{No} & 118.1 \pm 85.0 (94.0, 412.0, 90.0) & \text{Ref.} \\
& & \text{Yes} & 120.4 \pm 88.1 (104.6, 364.4, 87.1) & 0.859 \\
\text{Lifestyle} & \text{Daily ventilation} & \text{No} & 136.5 \pm 92.5 (116.5, 411.7, 105.2) & \text{Ref.} \\
& & \text{Yes} & 96.8 \pm 70.5 (73.0, 312.8, 73.3) & < 0.001 \\
& \text{Long-term heating (> 6 mon/y)} & \text{No} & 113.0 \pm 83.2 (87.9, 412.0, 84.9) & \text{Ref.} \\
& & \text{Yes} & 138.9 \pm 91.2 (120.5, 383.0, 107.6) & 0.045 \\
\text{Use of groundwater} & \text{No} & 115.4 \pm 83.2 (90.2, 412.0, 87.8) & \text{Ref.} \\
& & \text{Yes} & 129.5 \pm 92.6 (112.4, 383.0, 95.1) & 0.271 \\
& \text{Use of groundwater in indoors} & \text{No} & 114.7 \pm 82.7 (90.2, 412.0, 87.0) & \text{Ref.} \\
& & \text{Yes} & 135.3 \pm 95.7 (113.8, 382.6, 100.2) & 0.148 \\
\text{Position of measuring equipment} & \text{Window} & \text{No} & 136.2 \pm 95.9 (85.9, 278.8, 104.6) & \text{Ref.} \\
& & \text{Yes} & 117.5 \pm 84.9 (96.0, 412.0, 88.6) & 0.455 \\
& \text{Crack} & \text{No} & 108.1 \pm 78.5 (84.2, 412.0, 81.6) & \text{Ref.} \\
& & \text{Yes} & 134.3 \pm 93.1 (116.1, 383.0, 102.3) & 0.013 \\
& \text{Location} & \text{Living room} & 113.9 \pm 83.9 (84.7, 412.0, 85.1) & \text{Ref.} \\
& & \text{Bed room} & 122.8 \pm 86.9 (99.7, 381.0, 93.4) & 0.010 \\
\end{array}$

Radon concentrations are presented as mean ± standard deviation (median, range, geometric mean). Radon concentrations were assessed by a generalized estimating equation with a linear model. Each category compared with reference values. Ref, reference.
when measuring devices were placed in bedrooms ($p = 0.013$ and $p = 0.010$, respectively).

**Factors predictive of high indoor radon concentrations**

Table 2 presents odds ratios for factors likely to affect indoor radon concentrations. Higher greenery ratio and lower impermeable layer ratio were associated with a significantly greater risk of a residence having higher indoor radon concentrations (i.e., $\geq 200$ Bq/m$^3$) ($p = 0.017$ and $p = 0.043$, respectively). Also, a residence at ground level, ventilation less than once a day, long-term heating over half a year, a crack around measuring equipment, and bedrooms significantly increased the rates of houses likely to show high indoor radon concentrations, from $<74$ Bq/m$^3$ to $\geq 200$ Bq/m$^3$ (72.4% to 89.1% ($p = 0.003$), 43.8% to 71.7% ($p < 0.001$), 16.2% to 31.5% ($p = 0.031$), 32.9% to 50.0% ($p = 0.022$), and 48.6% to 55.4% ($p = 0.013$), respectively), compared to their counterparts. A negative correlation was noted between greenery and impermeable ratio ($r_{spearman} = -0.872$, $p < 0.001$, data not shown). Meanwhile, greenery and impermeable layer ratios for each residence were positively correlated with indoor radon concentrations ($r_{spearman} = 0.196$, $p < 0.001$ and $r_{spearman} = -0.192$, $p < 0.001$). Use of groundwater indoors and radon levels in groundwater exhibited no statistical association with higher indoor radon concentrations group ($p = 0.097$ and $p = 0.604$). Among residences that use of groundwater indoors, those with high levels of radon in the groundwater tended to show higher indoor radon concentrations, although statistical significance was lacking ($p = 0.740$).

To clarify factors affecting high indoor radon concentrations, decision tree analysis was performed (Figure 1). Therein, daily ventilation and greenery ratio were identified as significant nodes from which to identify residences with higher indoor radon concentrations by exhaustive CHAID ($p < 0.001$ and $p = 0.012$, respectively). Daily ventilation increased the probability of radon concentrations in homes being $<74$ Bq/m$^3$ by 15.3% than ventilation less than once a day. Meanwhile, lack of daily ventilation and having a greenery ratio ($\geq 65\%$) increased the chances of homes showing radon concentration over 200 Bq/m$^3$ (15.3% vs. daily ventilation and 8.4% vs. lack of daily ventilation and having a greenery ratio $<65\%$, Figure 1).

### Table 2. Factors predictive of high radon concentrations

<table>
<thead>
<tr>
<th>Parameters</th>
<th>$&lt;74$ Bq/m$^3$</th>
<th>74-100 Bq/m$^3$</th>
<th>100-148 Bq/m$^3$</th>
<th>148-200 Bq/m$^3$</th>
<th>$\geq 200$ Bq/m$^3$</th>
<th>$p$-value</th>
<th>OR (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Characteristics around residence from Ministry of Environment</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Greenery ratio (%)</td>
<td>58.9 ± 16.5</td>
<td>61.3 ± 18.9</td>
<td>64.4 ± 19.9</td>
<td>65.2 ± 20.5</td>
<td>66.2 ± 21.3</td>
<td>0.017</td>
<td>1.009 (1.002, 1.016)</td>
</tr>
<tr>
<td>Impermeable layer ratio (%)</td>
<td>20.3 ± 18.7</td>
<td>20.5 ± 20.6</td>
<td>16.0 ± 19.2</td>
<td>12.9 ± 18.2</td>
<td>14.6 ± 19.8</td>
<td>0.043</td>
<td>0.992 (0.985, 1.000)</td>
</tr>
<tr>
<td>Radon levels in groundwater (Bq/L)</td>
<td>54.2 ± 16.6</td>
<td>52.5 ± 16.3</td>
<td>53.4 ± 17.0</td>
<td>54.6 ± 18.4</td>
<td>56.1 ± 17.9</td>
<td>0.604</td>
<td>1.002 (0.994, 1.010)</td>
</tr>
<tr>
<td>Use of groundwater in indoors: Yes</td>
<td>55.0 ± 15.1</td>
<td>50.6 ± 16.9</td>
<td>51.5 ± 17.5</td>
<td>54.6 ± 18.4</td>
<td>59.5 ± 13.8</td>
<td>0.740</td>
<td>0.997 (0.980, 1.014)</td>
</tr>
<tr>
<td>Use of groundwater in indoors: No</td>
<td>49.8 ± 20.0</td>
<td>59.8 ± 11.6</td>
<td>63.8 ± 8.3</td>
<td>54.5 ± 19.1</td>
<td>46.8 ± 23.9</td>
<td>0.356</td>
<td>1.004 (0.996, 1.012)</td>
</tr>
<tr>
<td>Structure</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Residence at ground level</td>
<td>152 (72.4)</td>
<td>46 (74.2)</td>
<td>76 (81.7)</td>
<td>54 (88.5)</td>
<td>82 (89.1)</td>
<td>0.003</td>
<td>1.607 (1.174, 2.202)</td>
</tr>
<tr>
<td>Building materials</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Concrete and cement</td>
<td>207 (98.6)</td>
<td>62 (100.0)</td>
<td>91 (97.8)</td>
<td>60 (98.4)</td>
<td>90 (97.8)</td>
<td>1.000</td>
<td>0.810 (0.000, 1)</td>
</tr>
<tr>
<td>Gypsum board</td>
<td>45 (21.4)</td>
<td>8 (12.9)</td>
<td>20 (21.5)</td>
<td>15 (24.6)</td>
<td>19 (20.7)</td>
<td>0.942</td>
<td>1.012 (0.735, 1.394)</td>
</tr>
<tr>
<td>Lifestyle</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Daily ventilation</td>
<td>118 (56.2)</td>
<td>28 (45.2)</td>
<td>39 (41.9)</td>
<td>23 (37.7)</td>
<td>26 (28.3)</td>
<td>&lt; 0.001</td>
<td>0.625 (0.484, 0.807)</td>
</tr>
<tr>
<td>Long-term heating (&gt; 6mon/y)</td>
<td>34 (16.2)</td>
<td>15 (24.2)</td>
<td>17 (18.3)</td>
<td>16 (26.2)</td>
<td>29 (31.5)</td>
<td>0.031</td>
<td>1.412 (1.032, 1.931)</td>
</tr>
<tr>
<td>Use of groundwater</td>
<td>40 (19.0)</td>
<td>15 (24.2)</td>
<td>20 (21.5)</td>
<td>16 (26.2)</td>
<td>26 (28.3)</td>
<td>0.171</td>
<td>1.234 (0.913, 1.669)</td>
</tr>
<tr>
<td>Use of groundwater indoors</td>
<td>32 (15.2)</td>
<td>13 (21.0)</td>
<td>14 (15.1)</td>
<td>13 (21.3)</td>
<td>25 (27.2)</td>
<td>0.097</td>
<td>1.322 (0.951, 1.838)</td>
</tr>
<tr>
<td>Position of measuring equipment</td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Window</td>
<td>198 (94.3)</td>
<td>58 (93.5)</td>
<td>92 (98.9)</td>
<td>60 (98.4)</td>
<td>82 (89.1)</td>
<td>0.586</td>
<td>0.833 (0.431, 1.610)</td>
</tr>
<tr>
<td>Crack</td>
<td>69 (32.9)</td>
<td>23 (37.1)</td>
<td>42 (45.2)</td>
<td>27 (44.3)</td>
<td>46 (50.0)</td>
<td>0.022</td>
<td>1.354 (1.046, 1.753)</td>
</tr>
<tr>
<td>Location (bedroom)</td>
<td>102 (48.6)</td>
<td>34 (54.8)</td>
<td>49 (52.7)</td>
<td>34 (55.7)</td>
<td>51 (55.4)</td>
<td>0.013</td>
<td>1.131 (1.027, 1.246)</td>
</tr>
</tbody>
</table>

Data presented as mean ± standard deviation and n (%). Characteristics around residence from Ministry of Environment are presented as mean ± standard deviation (median, range). To obtain association of each parameter according to high radon concentrations group, $p$-value and odds ratio were applied by a generalized estimating equation based on multinomial probability distribution with a cumulative probit link function. OR, odds ratio; CI, confidence interval.
Affected model for predicting indoor radon concentrations

Our final multivariate model was constructed using SEM (Figure 2). To predict indoor radon concentrations, several affected factors were identified from the univariate analysis ($p < 0.05$). In total, seven factors were selected and included in the affected model, including foundation type, a crack around measuring equipment, greenery ratio, radon levels in groundwater, long-term heating, number of ventilations in a week, and measurement in a bedroom. Greenery ratio was selected for inclusion in the affected model, because greenery ratio did not reflect agricultural area. Moreover, we found that impermeable layer ratio, greenery ratio, and indoor radon concentration were highly correlated with each other, which implied that radon amounts in the ground underneath a building could be an important factor affecting indoor radon concentrations. Accordingly, we assumed that radon levels in groundwater would be an indirect predictor of radon amounts in the ground beneath a building.

Figure 2 outlines the constructed model, in which rectangles and circles represent observed variables and error terms ($e_1$ to $e_8$), respectively. Single-headed arrows represent the impact of one variable on another, and double-headed arrows represent covariance between two variables. The final model obtained acceptable fit with $\chi^2/df = 1.192$ (GFI = 0.990 and RMSEA = 0.019). A crack was positively correlated with residences at ground level and radon levels in groundwater (correlation: $r = 0.223$ and $r = 0.138$, respectively). A residence at ground level and crack were positively associated with greenery ratio ($p < 0.001$ and $p < 0.001$), while radon levels in groundwater were negatively associated with daily ventilation ($p = 0.001$).

We noted direct positive relationships for greenery ratio ($p < 0.001$) and inverse relationships for daily ventilation ($p < 0.001$) with indoor radon concentrations. Greenery ratio also showed indirect relationships with long-term heating and ventilation in relation to indoor radon concentrations. Bedrooms held no statistical significance in this model.

DISCUSSION

To our knowledge, the present study is the first to examine the combined influence of geographical characteristics, groundwater, and lifestyle factors on indoor radon concentrations. The main factors affecting
indoor radon concentration were greenery ratio and ventilation rate. A high greenery ratio and low ventilation rate significantly increased indoor radon concentrations. For residences with a greenery ratio ≥ 65%, the rate of homes with indoor radon concentrations ≥ 200 Bq/m$^3$ was 26.9% for homes without daily ventilation, compared to 11.6% for homes that were ventilated daily. In support thereof, a previous study demonstrated that radon exhalation rates from surfaces and ventilation rates are major factors affecting indoor radon concentrations [16]. In our model, we replaced the exhalation rate of radon from surfaces with radon concentrations in groundwater and greenery ratios, which were readily available as national survey data. In addition, building structure, cracks in the building, and long-term heating can indirectly influence indoor radon concentrations via greenery ratio. As part of efforts to reduce indoor radon concentrations, several prediction model using indoor ventilation and outdoor radon concentration were conducted for predicting the indoor radon concentration [17-19]. However, there was no approach to identify the multiplex variables that affect indoor radon concentrations and to identify the relationships between them.

Radon levels are remarkably higher in groundwater than in surface water [1]. When it is boiled indoors and used in showers, groundwater can be a major source of indoor radon levels as radon gas is released [20]. In the present study, among residences that used groundwater indoors, those with high levels of radon in the groundwater tended to show higher indoor radon concentrations; however, we noted no statistical association between use of groundwater indoor and indoor radon concentrations.

Although bedrooms showed no significant associations with indoor radon concentrations in the SEM, indoor radon concentrations were significantly higher in bedrooms than in living rooms by about 8.9 Bq/m$^3$ ($p = 0.010$). High concentrations of radon in bedrooms stress the need for efforts to reduce radon levels, because one third of the day is spent in the bedroom for sleep. Interestingly, a lack of ventilation and long-term heating over half a year were associated with marked elevations in in-

![Figure 2. Schematic representation of the affected model of indoor radon concentrations. Coefficients of regression weights indicating relationships between factors are indicated with single-headed arrow. Covariance measuring similar behaviors between error terms is indicated with a double-headed arrow. Rectangles and circles represent observed variables and error terms (e1 to e8), respectively. This model showed acceptable fit with $\chi^2$/df=1.192 (GFI =0.990 and RMSEA=0.019).](image)

**Table 1.** Significant relationships between factors and indoor radon concentrations ($p$-value, SE, $\chi^2$-values on arrows obtained by maximum likelihood method).
door radon concentrations in the present study. These results highlight areas in which strategies to augment lifestyle factors could help reduce indoor radon concentrations.

The present study has a few limitations that warrant consideration. First, we applied SEM to develop a comprehensive model of factors affecting indoor radon concentrations in Korea; however, we could not examine the directionality of noted relationships. Nonetheless, SEM approaches remain useful in understanding relationships among multivariate conditions. Moreover, the directions of factors affecting indoor radon levels presented reasonable fitting score. Also, we used national public data to determine impermeable layer ratio, greenery ratio, and radon levels in groundwater; we did not directly measure these variables around each residence. Additionally, indoor radon concentrations in Korea are measured in the winter season by the government, although, in this study, two residences were measured in October. Nevertheless, there was no statistically significant difference in radon concentrations according measurement start dates.

**CONCLUSIONS**

In order to establish indoor radon reduction policies, simply addressing lifestyle factors may not be sufficient. Policymakers should also consider urbanization rates around residential areas and radon distributions in the ground. Finally, appropriate policy proposals based on individual characteristics of a residence, rather than a single comprehensive guideline, may be needed.

This study presents an integrative association among lifestyle, geographical properties, and the structure of homes in relation to indoor radon concentrations. Our results could help with developing comprehensive rules for reducing indoor radon concentrations in Korea.

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국문초록
생활습관, 주거지 주변 녹지 비율 및 지하수 내 라돈 농도 따른 실내 라돈 농도 영향 모델
라돈 및 그 자손은 폐암을 일으키는 환경적 위험인자로, 일상 활동 및 수면 등으로 많은 시간을 보내는 실내 라돈 농도 관리는 필수적이다. 이를 위해서는, 주거지를 둘러싼 개인적, 사회적, 환경적 요소에 대한 총체적 접근이 필요하다. 따라서 본 연구는 실내 라돈 농도에 영향을 미치는 다양한 인자를 찾아내고, 이를 활용한 포괄적 모델을 구축하고자 한다. 건축 자재 및 생활 양식을 포함한 주거 환경에 대한 자료를 얻기 위해 설문을 실시하였고, 의사결정트리 및 구조 방정식 모델링을 활용하였다. 그 결과 주거지 주변 녹지 비율, 물 투과성 측정, 주택과 지면의 맞닿은 상태, 매일 환기 습관, 난방 습관, 측정 장치 주위의 균열 및 침설여부는 실내 라돈 농도와 유의한 연관성을 보였다. 매일 환기 습관을 가진 경우 실내 라돈 농도가 200 Bq/m² 이상인 비율이 11.6%로 줄었다. 한편 매일 환기습관이 없는 주거자의 주거지 주변 녹지 비율이 65% 이상인 경우 환기 습관 있는 주거자와 비교하여 15.3%의 비율이 증가하였다. 구축된 포괄적 모델의 실내 라돈 농도에 직접 영향을 미치는 인자는 주거지 주변 녹지 비율과 환기율이였다. 제시된 모델로 국내 라돈 농도에 대한 개인의 지리적 특성, 지하수 및 생활양식 요소의 결합된 영향을 확인할 수 있었다.

주제어: 실내공기, 라돈 조사, 환기, 지리적 특성, 생활습관, 지하수